



For Attender Food Menu: **2503**



# Breakfast

7:30AM to 10:00AM

## Western Choice

### Fluffy pancakes (3 pcs)

Served with Maple Syrup (or) Chocolate Sauce/Honey

**110 INR**

(450kcal & 10gm protein)

### Two Farm Fresh Eggs Made to order

(Fried, Bulls Eye, Masala, Plain (or) Cheese) Served with Grilled Tomato & Potato Wedges

**100 INR**

(200kcal & 12gm protein)

### Breakfast Chicken Sausage (3 pcs)

Grilled Chicken Sausage with Potato Wedges served with dip

**150 INR**

(200kcal & 12gm protein)

### Your Choice of Cereals with Toned Milk

Select from Corn Flakes or Wheat Flakes, served with your choice of hot or cold Milk

**130 INR**

(350kcal & 12gm protein)

### Seasonal Fruits (Platter/Salad)

**100/120 INR**

(100kcal)

### Western Combo Breakfast

Fluffy Pancakes served with dip (1 pc)  
Two Farm Fresh Eggs Made to order (Fried, Bulls Eye, Masala, Plain (or) Cheese)  
Seasonal Fruits (Platter/Salad)  
Hot or Cold Beverage (Tea/Coffee/Watermelon juice)

**200 INR**

(500kcal & 20gm protein)

## Beverages

### Freshly Squeezed Juices -

Choice of orange, Sweet Lime, Pineapple or Watermelon

**100 INR**

(100kcal)

### Tender Coconut Water

**100 INR**

(50kcal)

### Plain or Masala Butter Milk - Chaas

### Traditional Lassi - A Favorite Cooler

Choice of plain, Sweet (or) Salted

**60 INR**

(140kcal & 6gm protein)

### Hot Beverages

Milk/Plain Tea/Masala Tea/Instant Coffee/Filter Coffee/Boost/Horlicks

**40 INR**

(140kcal + 20kcal per 1 teaspoon of sugar)

## South & North Indian Selection

### Steamed Idly (3 pcs) (Jain)

Steamed Rice & Lentil Cake served with Sambar & Chutney

**120 INR**

(400kcal & 18gm protein)

### Dosa - Plain or Masala -

Rice & Lentil Pancake served with Sambar & Chutney

**100 INR**

(400kcal & 18gm protein)

### Choice of Plain, Onion, Tomato or Masala Utthappam (2 pcs)

Thick Rice Pancake served with Sambar and Chutney

**100 INR**

(400kcal & 18gm protein)

### Pongal (2 scoops)

Rice and Lentils cooked and tempered with Peppercorns, cumins and curry leaves, served with Sambar and Chutney

**80 INR**

(450kcal & 18gm protein)

### Medhu Vada (1 pc)

Crispy lentil savory Doughnuts served with Sambar and Chutney

**30 INR**

(200kcal & 12gm protein)

### Paratha (Plain or Stuffed) (2 pcs)

Wheat base Flat Bread plain (or) Stuffed with Potato Masala served with Yoghurt and Pickle

**100 INR**

(300/400kcal & 12gm protein)

### Masala Poha (Jain)

Soaked Flat Rice & Diced Potato tempered with Indian spices

**100 INR**

(200kcal & 5gm of protein)

### Southern Breakfast Combo

Steamed Idly (or) Plain Utthappam (2 pcs)/Pongal (1 scoop)/Medhu Vada (1 pc) Sambar/2 Choice of chutney/ Hot beverage (or) Cold beverage (Tea/ Coffee/Watermelon juice)

**110 INR**

(600kcal & 25gm protein)

### Northern Breakfast Combo

Plain Paratha or Stuffed Paratha (1 pc) Masala Poha (1 Scoop) Yoghurt/Pickle

**110 INR**

(500kcal & 15gm protein)

## Lunch

12:30PM to 3:00PM

### Salads

#### Caesar Salad (Veg or Chicken)

Romain lettuce, Parmesan, Garlic Croutons and Caesar dressing

**100 or 150 INR**

(Veg - 200kcal & 5gm of protein / Non veg 250kcal & 15gm of protein)

**Seasonal Indian Green Salad**

Indian sliced seasonal Vegetables with  
Lemon Wedges

**120 INR**  
(80kcal)

**Soups****Tomato Soup**

Oven roasted plum Tomato with Garlic  
Croutons

**100 INR**  
(70kcal)

**Dal Shorba (Jain)**

Curry flavoured Lentil Soup

**100 INR**  
(100kcal & 5gm protein)

**Asian Hot & Sour Soup  
(Veg or Chicken)**

Thick Veg flavoured Soup served with  
Noodles

**100/120 INR**  
(Veg 70kcal Non veg 100kcal &  
10gm protein)

**Asian Corn Soup  
(Veg or Chicken)**

Thick Corn flavoured Soup served with  
Vegetables or Chicken

**100 INR**  
(Veg 70kcal Non veg 100kcal &  
10gm protein)

**Western Choice Main Course****Pasta Pomodoro (Red Sauce)  
(Veg or Chicken)**

Penne or Fusilli Pasta with Italian  
flavoured Tomato sauce served with  
2pcs Garlic Bread

**200 or 250 INR**  
(Veg 350kcal & 10gm protein/  
Non veg 350kcal & 15gm protein)

**Pasta Alfredo (White Sauce)  
(Veg or Chicken)**

Penne (or) Fusilli Pasta with creamy  
sauce served with 2pcs Garlic Bread

**200 or 250 INR**  
(Veg 450kcal & 13gm protein/  
Nonveg 450kcal & 18gm protein)

**Grill Chicken Breast**

Grill Chicken served with saute  
Vegetables and BBQ sauce

**300 INR**  
(400kcal & 40gm protein)

**Fillet of Basa**

Pan seared Basa served with saute  
Vegetables and BBQ sauce

**300 INR**  
(400kcal & 40gm protein)

**Asian****Chilly Chicken  
(Dry or Semi or Gravy)**

Crispy curry cut Chicken coated chilly  
sauce with diced tri Pepper & Onion

**200 INR**  
(200kcal & 10gm protein)

**Chicken Manchurian**

Crispy curry cut Chicken coated with  
homemade Manchurian sauce

**200 INR**  
(200kcal & 10gm protein)

**Stir Fried Chinese Greens**

Exotic Chinese leafy Vegetables tossed in Garlic & Ginger sauce

**180 INR**  
(125kcal)

**Chilly (Panner/Gobi)**

Crispy Cottage Cheese or Gobi-coated Chilly sauce with diced tri Pepper & Onion

**180 INR**  
(Paneer 250kcal & 10gm protein/  
gobi 175kcal)

**Asian Fried Rice (Veg/Egg /Chicken)**

Burnt Garlic/Schezwan

**150 or 180 or 200 INR**  
(350kcal & 5gm protein)

**Asian Noodles (Veg/Egg /Chicken)**

Burnt Garlic/Schezwan

**150 or 180 or 200 INR**  
(350kcal & 5gm protein)

**Classic Asian Veg Combo****[Must Try]**

Fried Rice or Noodles (Veg or Paneer)  
Asian gravy (Veg or Paneer)

**200/220 INR**  
(Veg 500kcal & 10gm protein/  
Paneer 520kcal & 15gm protein)

**Classic Asian Non Veg Combo****[Must Try]**

Fried Rice or Noodles (Egg/Chicken)  
Asian gravy (Egg/Chicken)

**220/250 INR**  
(Egg 450kcal & 17gm protein/  
Chicken 450kcal & 21gm protein)

**Northen Selection****Chicken Prepared to Your Choice**

Butter Masala/Kadhahi Masala

**200 INR**  
(300kcal & 10gm protein)

**Fish Prepared to Your Choice**

Kasundi/Amristari

**200 INR**  
(300kcal & 10gm protein)

**Egg Prepared to Your Choice**

Home style/Punjabi

**150 INR**  
(300kcal & 10gm protein)

**Subzi Prepared to Your Choice**

Jalfrezi/Kadhahi

**180 INR**  
(200kcal)

**Paneer Prepared to Your Choice (Jain)**

Butter Masala/Kadhahi Masala

**150 INR**  
(250kcal & 10gm protein)

**Dal Prepared to Your Choice (Jain)**

Plain/Double Tadke Wali

**120 INR**  
(150kcal & 7gm protein)

**Murgh Dum Biryani**

Jhatka style Biryani, Chicken and fragrant Rice cooked on Dum style served with Raitha

**250 INR**  
(550kcal & 15gm protein)

**Pulao (Zeera/ Vegetable/ Makkai) (Jain)**

**150 INR**  
(350kcal & 7gm protein)

**Bread (Phulka/Tawa paratha/Tawa chapathi)**

**30 INR per pc**

**North India Veg Combo**

**[Must Try]**

Pulao/Dhal/Subzi/Salad/Paneer/Phulka (2pcs) /Dessert

**200 INR**

(500kcal & 15gm protein)

**North Indian Non Veg Combo**

**[Must Try]**

Pulao/Dhal/Subzi/Chicken Curry/ Salad/Phulka (2 pcs)/Dessert

**250 INR**

(500kcal & 22gm protein)

### Southern Selection

**Chicken Prepared to Your Choice**

Chettinad/Varutha Curry

**200 INR**

(300kcal & 10gm protein)

**Egg Prepared to Your Choice**

Chettinad/ Khurma

**150 INR**

(300kcal & 10gm protein)

**Kaikari Prepared to Your Choice**

Poriyal/Mandi

**150 INR**

(150kcal)

**South Indian Style Egg Preparation**

(Masala Omelette/Podi Maas)

**100 INR**

(200kcal & 10gm protein)

**Tawa Fried Fish(6 pcs)**

South Indian spice-marinated Tawa Grill Fillet Fish(Basa)

**200 INR**

(200kcal & 10gm protein)

**Steamed Rice**

Boiled Ponni/Basmathi

**80 INR**

(200kcal & 3gm protein)

**Variety Rice**

(Sambar/Rasam/Curd Rice) Served with Kootu, Veg Poriyal, Papad & Pickle

**100 INR**

(400kcal & 15gm protein)

**South Indian Veg Combo**

**[Must try-It's our signature]**

Boiled Rice/Sambar/Rasam/Porriyal/ kulambu/Koottu/Dessert/Curd/Pickle/ Applam

**200 INR**

(500kcal & 18gm protein)

**South Indian Non Veg Combo**

**[Must try-It's our signature]**

Boiled Rice/Sambar/Rasam/Chicken Curry/Porriyal/Koottu/Dessert/Curd/ Pickle/Applam

**250 INR**

(500kcal & 23gm protein)

## Evening Snacks

4:00PM to 6:00PM

### **Crunchy potato**

(French Fries (or) Potato Wedges)  
Served with Tomato Ketchup

**100 INR**

(250kcal)

### **Bread Omelette**

2 Eggs coated warm mint Bread served  
with Tomato sauce

**100 INR**

(450kcal & 20gm protein)

### **Panko Crusted Chicken/Fish**

Crunchy Chicken/Fish served with Peri  
Peri Mayo

**200 INR**

(400kcal & 25gm protein)

### **Spring roll (Veg/Chicken)**

Thin sheet stuffed with Asian Veg (or)  
Chicken served crunchy with dips

**150/200 INR (4 Pcs)**

(300kcal & 15gm protein)

### **Salt & Pepper Corn Kernels**

**180 INR (100kcal)**

### **Kathi Roll (Veg/Chicken)**

Indian spice Wrap served with Indian  
flavour dip

**150/200 INR (2Pcs)**

(Veg 300kcal & 8gm protein/  
Nonveg 350kcal & 15gm protein)

### **Assorted Pakoda (Choice of 3)**

(Onion, Potato, Bread, Paneer (or) Egg)  
Crispy Batter fried choice of Vegetables  
served with South Indian dips

**100 INR**

(250kcal & 5gm protein)

### **Grill Sandwich (Veg/Egg/Chicken)**

Iron Grill stuffed as per choice of white  
or brown Bread Sandwich served with  
Crunchy Fries & dip

**150/170/200 INR**

(Veg - 350kcal & 8gm protein /  
Egg 400kcal 15gm protein /  
Chicken 400kcal & 18gm protein)

### **Chicken 65**

Crispy Southern spice marinated  
Chicken curry cut

**200 INR**

(250kcal & 10gm protein)

## Dinner

7:30PM to 10:00PM

### **Steamed Idly (3 pcs) (Jain)**

Steamed rice & lentil cake served with  
sambar & chutney

**120 INR**

(400kcal & 18gm protein)

### **Choice of Plain, Onion, Tomato or Masala Utthappam (2 pcs)**

Thick rice pancake served with sambar  
and chutney

**100 INR**

(400kcal & 18gm protein)

**String Hoppers (3 pcs)**

Steamed South Indian breakfast served with Veg Khurma & Coconut Milk

**Subzi Prepared to Your Choice**

Jalfrezi/Kadhai(Spicy)

**Dal Fry**

Golden tempered Moong Dhal

**Paneer Gravy of the Day****Chicken Gravy of the Day (Spicy)****Steamed Rice**

(Boiled Ponni/Basmathi)

**Home Style Kitchidi (Dhal/Oats)**

(Jain)

**Bread (Phulka/Tawa paratha/Tawa chapathi)****Pasta Pomodoro (Red Sauce)**

(Veg or Chicken)

Penne or Fusilli Pasta with Italian flavoured Tomato sauce served with 2pcs Garlic Bread

**Pasta Alfredo (White Sauce)**

(Veg or Chicken)

Penne or Fusilli Pasta with Creamy sauce served with 2pcs Garlic Bread

**100 INR**

(300kcal & 8gm protein)

**150 INR**

(150kcal)

**120 INR**

(150kcal & 5gm protein)

**180 INR** (200kcal & 10gm protein)

**200 INR** (150kcal)

**80 INR**

(200kcal & 10gm protein)

**100 INR**

(250kcal)

**30 INR per pcs**

(250kcal & 8gm protein)

**200 or 250 INR**

(300kcal & 9gm protein)

**200 or 250 INR**

(Veg 350kcal & 10gm protein/  
Nonveg 350kcal & 15gm protein)

## Round the Clock - 24hrs

**Crunchy potato**

(French fries (or) Potato wedges)

Served with Tomato sauce

**Bread Omelette**

Eggs-coated warm mint spread Bread served with Tomato sauce

**Grill Sandwich (Veg/Egg/Chicken)**

Iron Grill stuffed as per choice of white or brown Bread sandwich serves with Crunchy Fries & dip

**Two Farm Fresh Eggs Made to order**

(Fried, Bulls Eye, Masala, Plain or Cheese) Served with Grill Tomato & Potato Wedges

**Seasonal Fruits (Platter/Salad)**

**100 INR**

(250kcal)

**100 INR**

(450kcal & 20gm proteim)

150 or 170 or 200 INR

**(Veg-350kcal & 8gm protein/  
Egg 400kcal 15gm protein/  
Chicken 400kcal & 18gm protein)**

**100 INR**

(250 kcal & 10gm protein)

**100/120 INR**

(100kcal)