

Dr. Raqib Adnan Mohammed

Chennai, India

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TAMIL NADU MEDICAL COUNCIL registered (Reg. no. 193090)

PERSONAL STATEMENT

Dedicated and motivated medical graduate currently seeking a role in the NHS. TNMC registered with hands on experience in managing acute medical cases, participating in outpatient care, and a keen interest in gaining knowledge. Strong background in taking up leadership opportunities and competent in various clinical skills.

PROFESSIONAL QUALIFICATIONS

- MBBS – Government Medical College, Omandurar Govt. Estate, Chennai, India (2024)

PROFESSIONAL REGISTRATIONS

- Full GMC registration – United Kingdom – November 2025 (Reg. No. 8096819)
- Tamil Nadu Medical Council – Chennai, India – (Reg. No.193090)

TRAINING AND COURSES ATTENDED

- **Advanced Life support (ALS)** – Resuscitation Council UK – 02/06/2025
- **Orthopaedics workshop on Principle of Plaster of Paris application** at Omandurar Government Medical College – November 2023
- **General Surgery workshop – Suturing skills** at Sree Balaji Medical College and Hospital – October 2021
- **Interventional Radiology workshop** at Sree Balaji Medical College and Hospital – October 2021
- **Emergency Medicine workshop** at Sree Balaji Medical College and Hospital – October 2021
- **Research Methodology workshop** – Roadmap to Research at Omandurar Government Medical College – August 2021
- **Poster presentation (EXPOSCOPE) on Niemann Pick** disease at Stanley Medical College, Chennai – March 2019

CLINICAL AND WORK EXPERIENCE

- House office (May 2023 – May 2024) at Government Medical College and Hospital, Omandurar Government Estate, Chennai, India

- General Medicine
- General Surgery
- Orthopaedics
- Respiratory Medicine
- Radiology
- Community Medicine
- Anaesthesia
- ENT
- Ophthalmology
- Obstetrics and Gynaecology
- Emergency Medicine and Critical care
- Dermatology
- Psychiatry

- Clinical Attachment – Stroke Medicine (July 2025 – August 2025)
Basildon University Hospital
Supervised by Dr. Jayakumar Jagadeesan
Stroke Consultant
 - Observed ward rounds, clerked patients, and participated in MDT discussions.
 - Attended outpatient clinics and team briefings
 - Gained exposure to NHS documenting standards and UK-style patient care
 - Attended a seminar on Postural Orthostatic Tachycardia Syndrome

CLINICAL SKILLS

I am competent in the following procedures:

- IV cannulation
- Blood draw
- Urinary catheterisation
- Nasogastric tube insertion
- Arterial Blood Gas sampling
- Basic Life Support
- Advanced Life Support
- Pleural Tap
- Abdominal paracentesis
- Lumbar puncture

Surgical Skills:

- Perineal Suturing
- Surgical Suturing
- Suture Removal

PROJECTS AND RESEARCH

- **AUDIT** – Conducted an audit to enhance the quality and consistency of lifestyle modification counselling provided to patients with Non communicable diseases such as hypertension, diabetes and obesity. The project involved comparing current practices against established guidelines and formulating actionable recommendations to enhance patient care. (March 2025)
- **WATER SANITATION SURVEY** – Checked water quality in hospital and hostels in Omandur Government Medical College and measured chlorine levels in hospital facilities.
- **SANITATION SURVEY** of hospital grounds – checked for open drainages and mosquito breeding sites and suggested measures to resolve the issues.
- **DEMOGRAPHIC PROFILING** – Calculated the mortality, morbidity and fertility indicators of a town called Soranchery in Tamil Nadu, India
- **RISK PROFILING** – Did a Non-Communicable disease risk profiling of 100 individuals of a town called Soranchery. Survey was conducted using the beneficiaries of Soranchery Public Health Centre using various assessment tools
- **PROGRAMME EVALUATION** – Evaluated a national health programme called JANANI SHISHU SURAKSHA KARYAKRAM. The scheme is to benefit pregnant women who access Government health facilities for their delivery and to improve maternal and child healthcare and to alleviate out of pocket expenditure on healthcare. Evaluated the benefits, limitations and impact of the programme.
- **COMMUNITY NEEDS ASSESSMENT** – Household surveys were conducted to gather information on water sources, water treatment practices, and the incidence of waterborne diseases in a small town called Soranchery in India. Water samples were collected from various points in the community water distribution system to assess the presence of bacterial contamination. Provided recommendation to ensure chlorination of water sources.
- **HEALTH EDUCATION PROGRAMME** - Taught the importance and demonstrated handwashing technique to 4th grade kids in a school in Chennai, India.
- **JOURNAL CRITIQUE** – Presented a journal critique on a selected published article (Title: Blood component transfusion in a Tertiary Care Hospital)

LEADERSHIP AND MANAGEMENT

- **YOUTH RED CROSS TEAM VICE PRESIDENT (2023 – 2024)**
 - Conducted 2 blood donation camps at Tamil Nadu Government Super Specialty Hospital

- Organised health camps at old age homes – Sri Sathya Sai Charitable trust
- Conducted a comprehensive eye camp at Kilpauk Medical College

TEACHING EXPERIENCE

- Conducted a seminar for 3rd year MBBS students on Genetics and Health – December 2023
- Conducted a seminar on adult immunisation.

IT SKILLS

I am competent in Windows Operating systems, Microsoft Word, Excel, PowerPoint and AI tools.

PERSONAL QUALITIES

Patient centred, acting with honesty and integrity and being open. Working in partnership with patients and colleagues to create an environment that is compassionate and supportive. Treating patients with dignity and respect. Willing to share my skills and knowledge with colleagues. Eager to keep learning in the field of medicine and ensure continuous professional development.

REFERENCES:

Dr. Jayakumar Jagadeesan, Consultant, Stroke Medicine
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