

## Dr. VIGNESH S. (PT)

Physiotherapist (BPT)

 +91 8939622390 |  vks.vignesh10@gmail.com

 Saidapet, Chennai – 600015



### Professional Summary

A dedicated and compassionate Physiotherapist with a Bachelor's degree in Physiotherapy from Tamil Nadu Dr. M.G.R. Medical University. Completed clinical internship in August 2024 with hands-on experience in rehabilitation, assessment, and treatment planning across reputed hospitals and centers. Adept in pain management, exercise prescription, and patient-centered care for pediatric, adult, and geriatric populations. Recently resigned and looking forward to working with a growth-oriented healthcare team.

### Education

Qualification	Institution	Year
BPT – Bachelor of Physiotherapy	Madha College of Physiotherapy, Kundrathur	2019 – 2024
HSC (12th Grade)	Govt model Hr. Sec. School, Saidapet, Chennai	2018 – 2019
SSLC (10th Grade)	Govt model Hr. Sec. School, Saidapet, Chennai	2016 – 2017

### Professional Experience

- Physiotherapist  
Curative Health Studio, West Mamballam, Chennai  
August, 2024 – December, 2025
- Internship & Clinical Postings
  - Madha Medical College & Research Institute, Kovur
  - Hamsa Brain and Spine Rehabilitation Centre
  - SIMS Multispeciality Hospital, Vadapalani
  - YMCA College of Physical Education, Nandanam
  - KARE Therapy Centre, Butt Road (Montfort Matriculation School)

## Core Skills

- Clinical Assessment & Diagnosis
- Pain Management Techniques
- Manual Therapy & Mobilization
- Exercise Prescription & Rehabilitation
- Fitness & Corrective Exercises
- Pediatric & Geriatric Physiotherapy
- Patient Communication & Counselling
- Basic Computer Skills (MS Office)
- Team Leadership & Case Management

## Certifications

- Certification in Instrument Assisted Soft Tissue Mobilization
- Certification in High Velocity Joint Manipulation Techniques

## Academic Achievements

- Poster Presentation: Principles of Soft Tissue Injuries (PEACE and LOVE)
- Project Work: Effectiveness of Low Intensity Ultrasound on Pain and Functional Performance in Tibial Stress Fracture

## Personal Details

Date of Birth: 09 December 2001

Age/Gender: 23 / Male

Marital Status: Unmarried

Nationality: Indian

Languages Known: Tamil, English

Address: No. 193, 13<sup>th</sup> block, new housing board, Godhamedu, Saidapet, Chennai – 600015

## Contact

 Mobile: +91 8939622390

 Email: vks.vignesh10@gmail.com