

B AGALYA



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EDUCATION

GNM, Home Nurse
DGNM School of Nursing,
Cuddalore, India
June 2017

High School Diploma
Govt.Hr. Sec.School,
Kattumannarkoil, India
June 2014

No Degree, 10th Std
R.C High School,
Kattumannarkoil, India
March 2012

PROFESSIONAL SUMMARY

A Quality Management Nurse in ICU, ER, and Kidney Transplant post-procedure settings focuses on improving patient care and outcomes through data analysis, process improvement, and adherence to best practices. They ensure high standards of care are met, particularly during critical transitions like post-operative kidney transplant recovery, and that protocols are followed to minimize risks and optimize patient well-being.

SKILLS

ICU	Kidney Transplant Post Procedure
Quality Reporting	Emergency Care (ER)
Teamwork	In-Patient Handling
Friendly, positive attitude,	Time Management

WORK HISTORY

August 2024 - Current
Be-Well Hospitals - Quality Management Nurse, Chennai, India
Key Roles and Responsibilities of an ICU Nurse:

- **Continuous Patient Monitoring:**ICU nurses meticulously track vital signs like heart rate, blood pressure, and oxygen levels, and promptly report any significant changes to the medical team.
- **Medication Management:**They administer medications, including intravenous (IV) medications, and meticulously track dosages.
- **Patient Care Plan Execution:**They implement and execute patient care plans, collaborating with specialists and doctors to understand the specific needs of each patient.
- **Assisting with Medical Procedures:**ICU nurses prepare patients for and assist with procedures like intubation, catheter insertion, and other critical interventions.
- **Patient Advocacy:**They advocate for their patients' needs and ensure their voices are heard within the healthcare team.

Key Roles and Responsibilities of an Quality Management Nurse

- Led staff training sessions on quality management principles and best practices, fostering a shared commitment to excellence in patient care.
- Evaluated the effectiveness of nursing policies and procedures, making recommendations for revisions as needed to ensure optimal patient care delivery.
- Promoted a culture of safety by leading initiatives aimed at reducing hospital-acquired infections and medication errors.
- Managed incident reporting systems, tracking patterns and working collaboratively to address identified concerns promptly.

February 2022 - August 2024

Hi-Reach Clinics - Nurse Assistant, Chennai, India

1. Direct Patient Care:

- **Assessment:** Nurses assess patients' physical and mental health, including taking vital signs (temperature, pulse, respiration, blood pressure), observing symptoms, and reviewing medical history.
- **Medication Administration:** They administer medications, including oral, injections, and intravenous medications, and monitor patients for side effects and reactions.
- **Assistance with Procedures:** Nurses assist physicians with various procedures, such as wound care, injections, IV insertions, and specimen collection.
- **Monitoring and Documentation:** Nurses monitor patients' conditions, document observations, and maintain accurate medical records.

2. Collaboration and Communication:

- **Interdisciplinary Teamwork:** Nurses work as part of a healthcare team, collaborating with physicians, specialists, and other healthcare professionals to ensure comprehensive patient care.
- **Coordination of Care:** Nurses coordinate appointments, referrals, and follow-up care for patients.

3. Other Responsibilities:

- **Maintaining a Safe Environment:** Nurses ensure a clean and safe environment for patients and staff, including proper infection control and equipment maintenance.
- **Administrative Tasks:** Some nurses may also be involved in administrative tasks, such as scheduling appointments, managing patient records, and ordering supplies.

December 2019 - January 2022

Supreme Speciality Hospital - Nurse, Chennai

Post-Operative Care:

- **Close Monitoring:** Nurse assistants closely monitor patients for any signs of complications, such as infection or organ rejection.
- **Medication Management:** They administer medications, including immunosuppressants, as prescribed.
- **Mobility Assistance:** Helping patients move around, such as transferring them from beds to wheelchairs or assisting with ambulation.
- **Monitoring Vital Signs:** Regularly checking and recording vital signs like temperature, pulse, respiration, and blood pressure.
- **Maintaining Hygiene:** Keeping patients clean and comfortable, changing linens, and ensuring a tidy environment.
- **Patient Safety:** Ensuring patients are safe and secure, preventing falls, and reporting any safety hazards.

August 2018 - December 2019

Trinity Acute Care Hospital - Nurse, Chennai

- Performed accurate documentation of patient assessments, interventions, and outcomes in compliance with regulatory standards.
- Administered medications via oral, IV, and intramuscular injections and monitored responses.
- Promoted a safe and comfortable healing environment by addressing patient concerns promptly and professionally.
- Educated patients on disease management, self-care techniques, and wellness strategies to improve long-term health outcomes.