

Sai Trinadh Gunda

General Surgeon

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Dynamic and compassionate Surgeon completed residency at Fortis Hospital, Mumbai, adept at treatment planning and clinical decision-making. Enhanced patient outcomes through individualized care and effective collaboration with multidisciplinary teams. Committed to ethical practice and continuous learning, ensuring surgical precision and optimal recovery for diverse patient populations.

Skills

Diagnosis and treatment
Pre-operative vital checks
Surgical precision
Surgical techniques
Treatment Planning
Ethical practice
Compassionate care
Emergency management
Clinical decision making
Bedside manner

Work History

2022-10 - 2025-10

SURGERY RESIDENT

Fortis Hospital Mulund, MUMBAI

- Performed rounds twice daily to discuss patient care plans, review diagnostic studies, communicate with patients and discuss medication lists.
- Performed initial and ongoing assessments of patients' medical, physical and psychosocial status.
- Participated in educational conferences, rotations, period testing and advisor meetings.
- Enhanced patient care by implementing individualized treatment plans and monitoring .
- Collaborated with multidisciplinary teams to ensure optimal surgical outcomes for patients.
- Stayed current with emerging trends in general surgery through continued education, attending workshops, conferences, and seminars regularly.

2020-08 - 2022-08

DUTY DOCTOR

INODAYA HOSPITALS, KAKINADA

- Contributed to hospital-wide initiatives focused on reducing health disparities among underserved populations.
- Presented cases at weekly morbidity and mortality conferences, facilitating discussions on best practices and areas for improvement.
- Performed efficient post-operative patient follow-ups to monitor healing progress and address any concerns promptly.

2020-03 - 2021-03

HOUSE SURGEON

GOVERNMENT GENERAL HOSPITAL , KAKINADA

- Established strong rapport with patients through clear communication about their diagnoses and treatment options, easing anxieties around surgery when necessary.
- Educated patients on recovery methods and times.
- Performed minor, outpatient surgical procedures.

Education

2025-10

D.N.B (GENERAL SURGERY)

FORTIS HOSPITAL - MUMBAI, INDIA

2020-03

M.B.B.S

RANGARAYA MEDICAL COLLEGE - KAKINADA, INDIA

Publications

A Diagnostic Dilemma: Intra Abdominal Lipoma Presenting as a Metastatic Breast Cancer-A Case Report.

Sai Trinadh Gunda, Anil Heroor, Harshit Shah, Hitesh Singhavi (2024) A Diagnostic Dilemma: Intra Abdominal Lipoma Presenting as a Metastatic Breast Cancer-A Case Report. Journal of Clinical Case Studies Reviews & Reports. SRC/JCCSR-283. DOI: doi.org/10.47363/JCCSR/2024(6)340

"A Prepubertal Giant Juvenile Fibroadenoma: Case Report and Brief Literature Review"

Abhijeet Tehre, Saloni Chheda, Sai Trinadh, Harshit Shah, and Anil Heroor. 2023. "A Prepubertal Giant Juvenile Fibroadenoma: Case Report and Brief Literature Review". *Asian Journal of Case Reports in Surgery* 6 (2):572–576. <https://journalajcrs.com/index.php/AJCRS/article/view/473>.

PRESENTATIONS

- FROM PSUEDOANEURYSM TO GASTRIC NECROSIS – AN UNFORESEEN COMPLICATION IN A POLYTRAUMA PATIENT – A CASE REPORT- **MASICON 2025**.

- SURVEY ON RIGHT HEMICOLECTOMY AMONG SURGEONS - **8 TH INTERNATIONAL ANNUAL REVIEW OF GASTROINTESTINAL CANCERS 2025.**
- Published thesis on **Hyperbilirubinemia and C- Reactive protein as predictors for perforation in Acute Appendicitis.**
- A CASE OF FIBROSARCOMATOUS VARIANT OF DERMATOFIBROSARCOMA PROTRUBERENS OF ANTERIOR CHEST WALL WITH STERNAL INVOLVEMENT- **MASICON 2024.**

NABH AND JCI ACCREDITATION

Participated in NABH Audit two times and once in JCI accreditation audit and gained experience in auditing and improving healthcare to the patients.

CONFERENCES AND CME PARTICIPATION

Actively participated in various zonal CME programs and conferences to enhance surgical knowledge and skills.