

# Sai Trinadh Gunda

## General Surgeon

**Address** Visakhapatnam, India 530041

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Dynamic and compassionate Surgeon completed residency at Fortis Hospital, Mumbai, adept at treatment planning and clinical decision-making. Enhanced patient outcomes through individualized care and effective collaboration with multidisciplinary teams. Committed to ethical practice and continuous learning, ensuring surgical precision and optimal recovery for diverse patient populations.

## Skills

Diagnosis and treatment  
Pre-operative vital checks  
Surgical precision  
Surgical techniques  
Treatment Planning  
Ethical practice  
Compassionate care  
Emergency management  
Clinical decision making  
Bedside manner

## Work History

**2022-10 - 2025-10**

### SURGERY RESIDENT

*Fortis Hospital Mulund, MUMBAI*

- Performed rounds twice daily to discuss patient care plans, review diagnostic studies, communicate with patients and discuss medication lists.
- Performed initial and ongoing assessments of patients' medical, physical and psychosocial status.
- Participated in educational conferences, rotations, period testing and advisor meetings.
- Enhanced patient care by implementing individualized treatment plans and monitoring .
- Collaborated with multidisciplinary teams to ensure optimal surgical outcomes for patients.
- Stayed current with emerging trends in general surgery through continued education, attending workshops, conferences, and seminars regularly.

2020-08 - 2022-08

## DUTY DOCTOR

INODAYA HOSPITALS, KAKINADA

- Contributed to hospital-wide initiatives focused on reducing health disparities among underserved populations.
- Presented cases at weekly morbidity and mortality conferences, facilitating discussions on best practices and areas for improvement.
- Performed efficient post-operative patient follow-ups to monitor healing progress and address any concerns promptly.

2020-03 - 2021-03

## HOUSE SURGEON

GOVERNMENT GENERAL HOSPITAL , KAKINADA

- Established strong rapport with patients through clear communication about their diagnoses and treatment options, easing anxieties around surgery when necessary.
- Educated patients on recovery methods and times.
- Performed minor, outpatient surgical procedures.

## Education

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2025-10

### D.N.B (GENERAL SURGERY)

FORTIS HOSPITAL - MUMBAI, INDIA

2020-03

### M.B.B.S

RANGARAYA MEDICAL COLLEGE - KAKINADA, INDIA

## Publications

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### **A Diagnostic Dilema: Intra Abdominal Lipoma Presenting as a Metastatic Breast Cancer-A Case Report.**

Sai Trinadh Gunda, Anil Heroor, Harshit Shah, Hitesh Singhavi (2024) A Diagnostic Dilema: Intra Abdominal Lipoma Presenting as a Metastatic Breast Cancer-A Case Report. Journal of Clinical Case Studies Reviews & Reports. SRC/JCCSR-283. DOI: doi.org/10.47363/JCCSR/2024(6)340

### **“A Prepubertal Giant Juvenile Fibroadenoma: Case Report and Brief Literature Review”**

Abhijeet Tehre, Saloni Chheda, Sai Trinadh, Harshit Shah, and Anil Heroor. 2023. “A Prepubertal Giant Juvenile Fibroadenoma: Case Report and Brief Literature Review”. *Asian Journal of Case Reports in Surgery* 6 (2):572–576. <https://journalajcrs.com/index.php/AJCRS/article/view/473>.

## PRESENTATIONS

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- FROM PSUEDOANEURYSM TO GASTRIC NECROSIS – AN UNFORESEEN COMPLICATION IN A POLYTRAUMA PATIENT – A CASE REPORT- **MASICON 2025.**

- SURVEY ON RIGHT HEMICOLECTOMY AMONG SURGEONS - **8 TH INTERNATIONAL ANNUAL REVIEW OF GASTROINTESTINAL CANCERS 2025.**
- Published thesis on **Hyperbilirubinemia and C- Reactive protein as predictors for perforation in Acute Appendicitis.**
- A CASE OF FIBROSARCOMATOUS VARIANT OF DERMATOFIBROSARCOMA PROTRUBERENS OF ANTERIOR CHEST WALL WITH STERNAL INVOLVEMENT- **MASICON 2024.**

## **NABH AND JCI ACCREDITATION**

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Participated in NABH Audit two times and once in JCI accreditation audit and gained experience in auditing and improving healthcare to the patients.

## **CONFERENCES AND CME PARTICIPATION**

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Actively participated in various zonal CME programs and conferences to enhance surgical knowledge and skills.