

# DR. MANOJ KUMAR K, MD

Consultant - Internal Medicine

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## PROFESSIONAL SUMMARY

MD in Internal Medicine from government medical colleges with three years of postgraduate training at tertiary care teaching hospital. Experienced in managing diverse patient populations across OPD, IPD, and ICU settings. Skilled in emergency medicine, critical care, and evidence-based clinical practice. Published researcher with proven expertise in patient management, diagnostic procedures, and multidisciplinary team collaboration. Ready to provide comprehensive internal medicine care with commitment to clinical excellence and patient satisfaction.

## EDUCATION

<b>MD (Internal Medicine)</b> <i>Govt JLN Medical College &amp; AGH, Ajmer   Rajasthan University of Health Sciences</i>	Nov 2022 – Nov 2025
<b>MBBS</b> <i>Andhra Medical College (Govt), Visakhapatnam   Dr. NTR University of Health Sciences</i>	Sep 2014 – Aug 2020

## PROFESSIONAL EXPERIENCE

<b>Internal Medicine Resident</b> <i>Govt Jawaharlal Nehru Medical College &amp; Associated Group of Hospitals, Ajmer</i>	Nov 2022 – Nov 2025
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- **OPD Management:** Independently managed outpatient consultations with comprehensive history taking, clinical examination, diagnosis, and treatment planning. Handled diverse medical conditions with patient counseling and follow-up care
- **IPD Management:** Managed 1000+ inpatients with conditions including infections, diabetes, hypertension, cardiac diseases, respiratory disorders, renal diseases, and neurological conditions. Coordinated multidisciplinary care and discharge planning
- **ICU & Critical Care:** Managed critically ill patients in medical ICU. Performed central venous catheter placement, endotracheal intubation, and airway management. Proficient in mechanical ventilation, vasopressor support, sepsis management, AKI, DKA, ARDS, ACS, and stroke. Independently participated in CPR and ACLS protocols
- **Emergency Medicine:** Handled medical emergencies including acute coronary syndrome, respiratory failure, septic shock, diabetic emergencies, stroke, and poisoning cases with rapid assessment and stabilization
- Performed and interpreted ECG, ABG, pleural tap, ascitic tap, lumbar puncture, and other diagnostic procedures
- Certified in ACLS and BLS with hands-on experience in resuscitation and emergency care

<b>Telemedicine Doctor</b> <i>AP Government - DR YSR Telemedicine Program, Andhra Pradesh</i>	Apr 2021 – Jun 2021
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- Provided remote medical consultations during COVID-19 pandemic
- Delivered healthcare services to underserved populations with patient counseling and triage

<b>Non-Academic Junior Resident</b> <i>Mahavir Institute of Medical Sciences, Vikarabad, Telangana</i>	Sep 2022 – Nov 2022
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- Managed inpatient ward and emergency procedures
- Participated in clinical research and quality improvement initiatives

<b>Compulsory Rotatory Internship</b> <i>King George Hospital, Visakhapatnam (1097-bed Government Teaching Hospital)</i>	Sep 2019 – Sep 2020
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- Completed rotations: General Medicine, Surgery, Obstetrics & Gynaecology, Paediatrics, Orthopaedics, ENT, Ophthalmology, Emergency Medicine
- Electives: Dermatology & STD, Tuberculosis & Respiratory Diseases, Radiodiagnosis

## CLINICAL COMPETENCIES

**Common Medical Conditions:** Diabetes Mellitus | Hypertension | Ischemic Heart Disease | Heart Failure | COPD | Asthma | Pneumonia | Tuberculosis | Chronic Kidney Disease | Acute Kidney Injury | Stroke | Seizures | Thyroid Disorders | Anemia | Gastroenteritis | Liver Diseases | Electrolyte Imbalances

**Emergency & Critical Care:** Acute Coronary Syndrome | Respiratory Failure | Sepsis & Septic Shock | DKA & HHS | Stroke | Status Epilepticus | Acute Pulmonary Edema | GI Bleeding | Poisoning | ACLS & BLS Certified

**Procedures:** ECG Interpretation | Arterial Blood Gas Analysis | Central Venous Catheterization | Endotracheal Intubation | Pleural Tap | Ascitic Tap | Lumbar Puncture | Nasogastric Tube Insertion | Urinary Catheterization | IV Cannulation

**Patient Care Skills:** History Taking | Clinical Examination | Diagnosis | Treatment Planning | Patient Counseling | Discharge Planning | Follow-up Care | Multidisciplinary Team Coordination

## RESEARCH & PUBLICATIONS

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### PubMed-Indexed Publications (2)

- Kurmana MK, Kumar M, Tiwari RK, Tak H, Gaur R. Prognostic Utility of Prothrombin Time-INR, Interleukin-6, and HDL Levels in Patients with Severe Sepsis. *Cureus*. 2025. PMID: 40959673
- Kurmana MK, Kumar M Sr, Tiwari RK, Tak H. Unraveling Complexities: Rhabdomyolysis, Acute Renal Injury, and Compartment Syndrome Following a Wasp Sting. *Cureus*. 2024. PMID: 39105028

## CERTIFICATIONS & TRAINING

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Antimicrobial Stewardship – Stanford University School of Medicine	January 2026
Good Clinical & Laboratory Practice (GCLP)	July 2025
Advanced Cardiovascular Life Support (ACLS)	April 2025
Basic Course in Biomedical Research – ICMR-NIE	July 2024
Basic Life Support (BLS)	Certified
Good Clinical Practice & Ethical Practice	Certified

## AWARDS & RECOGNITION

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**Institutional Citation for Excellent Service** – Govt JLN Medical College & Hospital, Ajmer | August 2024

### Media Recognition

- Featured in *Dainik Navjyoti* (Ajmer) for healthcare contributions | November 2024
- Featured in *Dainik Bhaskar* (Ajmer) for emergency pediatric care | December 2024

## LANGUAGES

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Telugu (Native) | English (Fluent) | Hindi (Native/Bilingual)

**Professional Objective:** Seeking Consultant position in Internal Medicine at reputed hospitals in Visakhapatnam/Andhra Pradesh region. Committed to providing comprehensive, evidence-based patient care with expertise in general medicine, emergency care, and critical care management. Ready to contribute clinical excellence, patient-centered approach, and dedication to healthcare delivery.