

CURRICULUM VITAE

Ms. Parameshwari

Chennai, India

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PROFESSIONAL SUMMARY

Dedicated and highly experienced Registered Nurse with over **10+ years of clinical expertise** in **Oncology Nursing, Surgical Care, and Maternity Services**. Currently working as an **Oncology Nursing In-Charge**, demonstrating strong leadership, clinical excellence, and commitment to patient-centred care. Proven ability to manage multidisciplinary teams, ensure compliance with **NABH/JCI standards**, and uphold the highest standards of **infection control and patient safety**. Seeking a challenging position as **Nursing In charge/Nursing Supervisor / Infection Control Nurse** in a reputed healthcare organization that values innovation, quality care, and professional growth.

CORE COMPETENCIES

- Oncology Nursing & Chemotherapy Administration
 - Infection Prevention & Control
 - Nursing Leadership & Staff Supervision
 - Patient Safety & Quality Assurance
 - NABH & JCI Compliance
 - Clinical Documentation & Audits
 - Multidisciplinary Team Coordination
 - Patient & Family Education
 - Inventory & Resource Management
 - Continuous Nursing Education (CNE)
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EDUCATION

Diploma in General Nursing & Midwifery (DGNM)

St. Mary's School of Nursing, Kovoor

2005 – 2009

Infection Control Nurse Certification

National Health Care Academy

2023

PROFESSIONAL EXPERIENCE

Oncology Nursing In-Charge

Kauvery Hospital, Alwarpet, Chennai

November 2024 – Present

- Lead and supervise oncology nursing staff, manage duty rosters, and provide ongoing mentorship and training.
- Ensure compliance with **standard operating procedures** and evidence-based oncology nursing practices.
- Deliver safe, compassionate, and high-quality care to oncology patients.
- Monitor patient progress and treatment responses; escalate concerns to oncologists and MDTs.
- Support chemotherapy, radiation therapy, and palliative care protocols.
- Maintain accurate patient records, medication charts, and nursing documentation.
- Oversee inventory management of oncology medications, PPE, and equipment.
- Ensure strict adherence to **infection control policies** and hospital safety protocols.
- Monitor compliance with **NABH and JCI standards**.
- Organize **Continuous Nursing Education (CNE)** programs and staff orientation.
- Coordinate discharge planning and follow-up care with case managers and social workers.
- Provide psychosocial counselling and end-of-life care education to patients and families.

Senior Surgical Care Nurse

Frontier LifeLine Hospital, Mogappair, Chennai

September 2021 – October 2024

- Assessed, planned, implemented, and evaluated individualized patient care plans.
- Provided comprehensive pre-operative and post-operative nursing care.
- Demonstrated strong knowledge of surgical and perioperative nursing practices.
- Administered medications and monitored patient responses.
- Delivered perioperative care in OT, recovery rooms, and procedure units.
- Performed wound care, IV insertion, catheterization, and vital sign monitoring.
- Educated patients and families regarding surgical procedures and recovery care.
- Ensured compliance with infection control and patient safety protocols.

Senior Staff Nurse

Fortis Hospital, Vadapalani, Chennai

September 2020 – September 2021

- Delivered comprehensive nursing care aligned with medical protocols.
 - Administered IV therapies and advanced nursing treatments.
 - Maintained accurate nursing documentation and effective shift handovers.
 - Supervised junior nurses and trainees.
 - Participated in quality improvement initiatives and internal audits.
 - Coordinated patient care with multidisciplinary teams.
 - Assisted in duty rosters, staffing, and inventory management.
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Staff Nurse – Oncology

Kauvery HCG Cancer Centre, Chennai

February 2018 – September 2020

- Monitored vital signs and assessed chemotherapy side effects.
 - Administered chemotherapy, immunotherapy, and supportive medications.
 - Managed central lines, ports, and IV infusions.
 - Provided symptom management for pain, nausea, fatigue, and mucositis.
 - Delivered patient education and emotional support.
 - Ensured accurate documentation and infection control compliance.
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Staff Nurse – Oncology

Vasantha Subramanian Hospitals India Pvt. Ltd., Chennai

September 2014 – February 2018

- Provided comprehensive oncology nursing care.
 - Administered chemotherapy and managed treatment-related symptoms.
 - Educated patients and caregivers on treatment and self-care.
 - Maintained accurate nursing records and safety standards.
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Staff Nurse – Maternity Department

Aswini Maternity Hospital, Pondicherry

- Assisted in antenatal care, labour management, and fetal monitoring.
 - Supported obstetricians during deliveries.
 - Provided postnatal care and newborn assessments.
 - Educated parents on breastfeeding, newborn care, and hygiene.
 - Ensured adherence to infection control and safety protocols.
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LANGUAGES KNOWN


- Tamil
 - English
 - Telugu
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REFERENCES

Ms. Anbarasi

Senior Nurse Educator


Kauvery Hospital, Alwarpet, Chennai

 7760410560

Ms. Lakshmi

Charge Nurse – Oncology

Kauvery Hospital, Alwarpet, Chennai

 9003954557

DECLARATION

I hereby declare that the above-mentioned information is true and correct to the best of my knowledge and belief.

Date: 04/03/2026

Place: Chennai

Signature:

(Ms. Parameshwari)