



Dr. Devna Jayaprakash

GENERAL PHYSICIAN (MBBS) |
MEDICAL OFFICER

Details

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India

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Profile

MBBS-qualified General Practitioner with 4+ years of clinical experience across primary care and hospital settings, providing acute care, obstetric support and surgical assistance. ACLS- and BLS-certified; assisted in 10+ cataract surgeries, 20+ Caesarean sections and 30+ normal deliveries, and performed 100+ sutures. Proficient in patient counselling, immunisation, IV cannulation, ward management and medical record-keeping; experienced in delivering lifestyle/metabolic interventions and contributing to evidence-based SOPs to improve patient outcomes and adherence.

Employment History

Amura Health Pvt Ltd., Chennai

AUG 2025 – PRESENT

- Collaborated with a multidisciplinary team of doctors to deliver personalized lifestyle and nutrition interventions for chronic disease reversal.
- Managed a diverse portfolio of clients, utilizing biomarker tracking and metabolic data to adjust health protocols in real-time.
- Streamlined digital clinic operations via cloud-based platforms, ensuring high patient retention and adherence to reversal programs.
- Analyzed complex diagnostic reports to provide actionable insights on insulin resistance, lipid profiles, and inflammatory markers.
- Facilitated daily health coaching sessions that contributed to significant patient weight loss and medication reduction targets.
- Contributed to the development of internal SOPs for evidence-based wellness coaching and supplement management.

Malabar Institute of Medical Science (MIMS), Kannur

NOV 2022 – NOV 2023

- Provided comprehensive inpatient and outpatient care—assessing, diagnosing and managing acute and chronic medical conditions and coordinating specialist referrals.
- Assisted surgical teams in ophthalmic and general procedures and supported obstetric teams during Caesarean sections and vaginal deliveries.
- Performed minor surgical procedures, wound management and IV cannulation; conducted venesection and foreign-body removals.
- Administered immunisations, maintained accurate medical records and prepared discharge summaries to ensure continuity of care.

Medical Officer, Urban primary health centre, Tirur

JUN 2022 – OCT 2022

- Diagnosed outpatient medical conditions by integrating clinical examination findings with laboratory investigations and communicating results to patients.
- Assisted major medical and surgical procedures, including cataract surgeries, caesarean sections, normal vaginal deliveries, and operations such as hernioplasty, knee replacement, fracture fixation, thyroidectomy, appendectomy, hysterectomy, and cholecystectomy.
- Performed minor surgical and clinical procedures, including cyst and lipoma excisions, incision and drainage under local anaesthesia, venesection for polycythaemia, over 100 trauma suturing procedures, and foreign body removal from ear and nose.
- Supported patient care and clinical management, including history taking, physical examinations, diagnostic assessments, laboratory sample collection, immunisation administration, treatment planning, and patient counselling.
- Participated in public health and specialized clinical exposure, including RNTCP patient monitoring, de-addiction counselling at Vimukthi Centre,

psychiatric observation at Government Mental Health Centre Kuthiravattom, and post-mortem observations during a landslide incident.

- Improved healthcare operations and compliance, including developing patient record filing systems, coordinating staff training, managing shift handovers, promoting health education and self-care practices, and maintaining strict patient confidentiality.

RMO, LK clinic, Tirur

OCT 2021 – OCT 2022

- Delivered primary care and promoted health education and self-care to improve treatment adherence and reduce risk factors.
- Performed routine clinical tasks including examinations, immunisations, wound care and basic procedural support; documented care and coordinated referrals.

General Practitioner, Mothers clinic, Kakkur, Kozhikode

AUG 2020 – FEB 2021

- Diagnosed outpatient conditions by combining clinical examination findings with laboratory test results and communicated diagnoses to patients.
- Certified in ACLS and BLS, trained by doctors from MIMS Calicut, with skills in emergency life-support procedures.
- Assisted major medical procedures, including cataract surgeries, caesarean sections, normal vaginal deliveries, and surgeries such as hernioplasty, knee replacement, fracture fixation, thyroidectomy, appendectomy, hysterectomy, and cholecystectomy.
- Performed minor surgical and clinical procedures, including cyst/lipoma excisions, incision and drainage, venesection for polycythaemia, over 100 suturing cases, and removal of foreign bodies from ear and nose.
- Participated in clinical programs and patient care, including RNTCP monitoring, de-addiction counselling sessions, psychiatric observation, and post-mortem observations during a landslide incident.
- Supported clinical operations and patient management, including history taking, diagnostic assessments, sample collection, immunisation, treatment planning, shift handovers, and maintaining strict patient confidentiality.

Intern Doctor, GOVERNMENT GENERAL HOSPITAL, Kozhikode

JAN 2019 – JAN 2020

- Assisted major surgical and obstetric procedures, including cataract surgeries, caesarean sections, normal vaginal deliveries, and surgeries such as hernioplasty, knee replacement, fracture fixation, thyroidectomy, appendectomy, hysterectomy, and cholecystectomy.
- Performed minor clinical and surgical procedures, including excision of dermoid cysts, sebaceous cysts, lipomas, incision and drainage under local anaesthesia, venesection for polycythaemia, and over 100 suturing procedures for trauma and lacerations.
- Delivered routine clinical care, including foreign body removal (ear/nose), sample collection for laboratory testing, immunisation administration, and conducting diagnostic assessments.
- Participated in public health and rehabilitation programs, including monitoring patient compliance under the RNTCP program and conducting counselling sessions at Vimukthi De-addiction Centre, Calicut.
- Gained exposure to specialized medical fields, including psychiatric patient evaluation at Government Mental Health Centre, Kuthiravattom, and observing multiple post-mortem examinations at Vadamara District Hospital during a landslide incident.
- Supported clinical workflow and patient management, including history taking, interpreting investigation results, assisting in diagnosis and treatment

planning, documenting shift handovers, maintaining patient confidentiality, and communicating health management plans to patients.

Education

10th Standard CBSE Examination, Bharathiya Vidya Bhavan, Kannur, Kerala

2010

Completed 10th Standard from Bharathiya Vidya Bhavan, Kannur, Kerala in 2010, achieving an overall score of 90%

12th Standard CBSE Examination, Bharathiya Vidya Bhavan, Kannur, Kerala

2012

Completed 12th Standard from Bharathiya Vidya Bhavan, Kannur, Kerala in 2012, achieving an overall score of 90%.

MBBS, Malabar Medical College, Calicut, Kerala

2013

Completed MBBS from Malabar Medical College, Calicut, Kerala (2013 Batch) with 70 % overall marks.

Compulsory Rotatory Internship, Govt. General Hospital, Calicut, Kerala

DEC 2018 – JAN 2020

Completed 1-year Compulsory Rotatory Internship at Government General Hospital, Calicut, Kerala (Dec 2018 – Jan 2020), gaining hands-on clinical experience across multiple medical and surgical departments.