

Dr. JUDAH NIJAS ARUL

MBBS, MD (Gen. Med), DM (Cardiology), MRCP (UK), CCK, FACC

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Date of Birth: 15-09-1993

Location: Chennai, India

TNMC Reg. No: TN 121442

Royal College of Physicians ID: 337890



Professional Summary:

Certified Cardiologist with expertise in managing coronary interventions with ample experience as primary operator in coronary interventions and Primary PCI and as secondary operator in complex coronary and structural interventions. Provided TEE guidance for numerous structural interventions. I have a strong interest in the multimodality cardiac imaging and advanced heart failure therapies.

I currently work at Sri Ramachandra Medical Centre (SRMC) is a tertiary care multi-specialty university hospital part of Sri Ramachandra Institute of Higher Education and Research (SRIHER), Chennai, India. With over 1,500 beds, 114 ICU beds, 25 operating room and 2 state of the art cardiac catheterization labs. SRMC is one of the largest private health care facilities in South Asia. I work as an Assistant Professor in the university while simultaneously working as an Associate Consultant in the Medical Centre.

Education:

1. **MBBS** (2011-2017) – Sri Ramachandra Institute of High Education and Research
2. **MD (General Medicine)** (2017-2020) – Sri Ramachandra Institute of Education and Research
3. **DM (Cardiology)** (2020-2024) – Sri Ramachandra Institute of Education and Research
4. **MRCP (UK)** (2025) – Royal College of Physician, UK

Certifications & Fellowships:

1. **Certified Cardiovascular Knowledge (CCK)** (February 2026) – Issued by American College of Cardiology
2. **Fellow of American College of Cardiology (FACC)** – Elected to fellowship in March 2026.

Work Experience:

1. **Assistant Professor & Interventional Cardiologist** (September 2024 – Present)
Sri Ramachandra Medical College & Research Institute, SRIHER, Porur, Chennai
2. **Consultant Cardiologist** (February 2025 – Present)
St Thomas Hospital, Ramapuram, Chennai
3. **Assistant Professor - Cardiology** (March 2024 – August 2024)
Panimalar Medical College Hospital and Research Institute, Chennai
4. **Senior Resident – Cardiology** (January 2021 – January 2024)
Sri Ramachandra Medical College & Research Institute, SRIHER, Porur, Chennai
5. **Senior Resident – General Medicine** (August 2020 – December 2020)
Sri Ramachandra Medical College & Research Institute, SRIHER, Porur, Chennai
6. **House Surgeon (Internship)** (2016 – 2017)
Sri Ramachandra Medical College & Research Institute, SRIHER, Porur, Chennai

Memberships:

1. Member of American College of Cardiology (ACC) – ID 3619256
2. Lifetime Member of Indian Academy of Echocardiography (IAE) – ID L-2842
3. Member of Royal College of Physicians (UK) – ID 337890

Publications:

1. Balasubramaniyan JV, Murthy JS, Muralidharan TR, Krishnamurthy P, Durbesula AT, **Arul JN**. Prevalence of vitamin D deficiency in the hypertensive south Indian population. Romanian Journal of Medical Practice [Internet]. 2023 Dec 31;18(4):170–5. Available from: <https://doi.org/10.37897/rjmp.2023.4.5>
2. **Arul JN**, Vasanthan K, Vengadkrishnan K, Madhavan S. PTH in risk stratification in CHF. International Journal of Health Sciences [Internet]. 2022 Jun 27;576–83. Available from: <https://doi.org/10.53730/ijhs.v6ns8.9806>
3. **Arul JN**, Kumar M, Moorthy S, Mani R. Predictive Role of Chest Radiograph in COVID-19 Hospitalised PatientsA Retrospective Analysis. JOURNAL OF CLINICAL AND DIAGNOSTIC RESEARCH [Internet]. 2022 Jan 1; Available from: <https://doi.org/10.7860/jcdr/2022/53224.16242>

4. Balasubramaniyan JV, **Arul JN**, Rathinasamy J, Periyasamy T. Left ventricular apical mass after myocardial infarction—not always a thrombus: a diagnostic dilemma. *BMJ Case Reports* [Internet]. 2021 Oct 1;14(10):e245963. Available from: <https://doi.org/10.1136/bcr-2021-245963>
5. Kumar MA, Krishnaswamy M, **Arul JN**. Post COVID-19 sequelae: venous thromboembolism complicated by lower GI bleed. *BMJ Case Reports* [Internet]. 2021 Jan 1;14(1):e241059. Available from: <https://doi.org/10.1136/bcr-2020-241059>
6. **Arul JN**, Madhavan S, Krishnan V, Krishnamoorthy V. Fatal H1N1-related acute necrotising encephalopathy in an adult. *BMJ Case Reports* [Internet]. 2020 Jun 1;13(6):e235264. Available from: <https://doi.org/10.1136/bcr-2020-235264>
7. **Arul J**, Senthil N, Marappa L. Unusual and rare case of generalised lymphadenopathy: Kimura's disease. *BMJ Case Reports* [Internet]. 2018 Oct 2;2018:bcr-2018. Available from: <https://doi.org/10.1136/bcr-2018-225020>
8. **Arul JN**, Kumar VS, Ramakrishnan SR, Singh M, Vaasanthi R, Eapen G. POEMS Syndrome: An Atypical Presentation. *Journal of Medical Science and Clinical Research* 2018 Jul 6(7):1127-1130. Available from: <https://dx.doi.org/10.18535/jmscr/v6i7.185>

Oral Presentations and Talks:

1. Stellate ganglion blockage & ECMO for Cardiogenic shock following ACS and refractory VT and VF. Presented at State level conference - TIC 2022, Chennai
2. Clinical Profile of Community Acquired Pneumonia. Presented at State level conference - TAPICON 2018, Kodaikanal
3. FFR 2 CPR. Presented at International level conference – AICC 2024, Chennai
4. The Road not Taken. Presented at State level conference – TIC 2025, Chennai
5. Basic Hemodynamics in Cathlab and Angiographic views. Presented at RCTCON 25, Chennai
6. ECMO in Pregnancy. Presented at Refresh 2025 conference

Poster Presentations:

1. Catastrophic Anti-Phospholipid Syndrome – A Case Report. Presented at an international conference – ESEM 2018, Dubai, UAE
2. Adenocarcinoma of Lung Presenting with Multiple Venous Thrombosis - A Rare Presentation. Presented at a national conference – APICON 2018, Bangalore

Certifications:

1. Bronze Standard – International Award for Young People (Duke of Edinburgh Award 2011)
2. ACLS and BLS Training
3. ***Certification in Transesophageal ECHO from Royal College of Surgeons of England.***
4. ***Completed Level 1 SCMR course in Cardiac MRI***
5. Attended ECMO workshop conducted by IMMAST, Mumbai

Other Achievements and Positions:

1. Part of the Clinical Audit team for GDMT in HFrEF patients
2. Department coordinator for Learning Management System (LMS)
3. President of Student Council – SRIHER for the year 2015-2016
4. Notionally designated as Vice Dean (Student Affairs) – SRIHER 2015-2016.
5. Awarded GATE funding (2024-2025) for study on subclinical cardiovascular dysfunction in hypertensive disorders in pregnancy.

References and Procedure logs can be provided on request.