

## CAREER OBJECTIVE:

Associate with the organization that provides me an opportunity to extend my skill and knowledge ability. Apply the acquired knowledge and skill in organizing and meeting the demanded expectation of work. Obtain a Registered Nurse Position at your esteemed hospital which will create opportunities to expand my practical experience and knowledge while at the same time, providing quality health care and discharge duties effectively.

## PERSONAL DETAILS:

**Date of Birth:** 24/05/2003

**Marital Status:** Single

**Nationality:** Indian

**Hobbies:** Listening to music,  
Spending time with family and friends, Cooking, Drawing

**Language Known:** English, Tamil

## ADDRESS:

103, saradhapuram 2nd street,  
Mylapore. Chennai.

## PHONE:

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## GMAIL:

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# SILVIYA MARY P

## ACADEMIC:

**2020 – 2024**

B.Sc. Nursing I Kalyani Multi-Specialty Hospital I Mylapore I Chennai

Aggregate Percentage – **68.23%**

**2020**

HSC I Henry Matriculation Higher Secondary School

Aggregate Percentage – **54.6%**

**2018**

SSLC I Henry Matriculation Higher Secondary School

Aggregate Percentage – **77.8%**

## EXPERIENCE:

### • Clinical Experience (June 2025 – November 2025)

**Hospital:** Kalyani Multi-Speciality Hospital, Mylapore, Chennai

**Duration:** 6 months

**Department :** ICU

#### Key Responsibilities:

- Monitoring and recording vital signs (BP, HR, SpO<sub>2</sub>, RR, Temperature)
- Administering IV lines, catheters, and arterial lines
- Performing suctioning (oral, ET, tracheostomy)
- Oxygen therapy and ventilator care (assisting and monitoring)
- Feeding through Ryle's tube / RT feeding
- Maintaining Foley's catheter care
- Handling infusion pumps, syringe pumps, and defibrillators
- Wound dressing and pressure sore prevention
- Monitoring input-output chart (I/O) and fluid balance

### Nursing Foundation

CSI Kalyani Multispeciality Hospital, Mylapore

### Medical-Surgical Nursing

CSI Kalyani Multispeciality Hospital, Mylapore

### Community Health Nursing

Urban Primary Health Centre, Santhome

Rural Primary Health Centre, Manamathy

### Mental Health Nursing

Institute of Mental Health, Kilpauk

### Child Health Nursing

CSI Kalyani Multispeciality Hospital, Mylapore

Kanchi Kamakoti Child Trust Hospital, Nungambakkam

### • Research Paper

Conducted research study in community health nursing on the topic of "ASSESS THE ALCOHOL AND TOBACCO RENDERED BY COMMUNITY HEALTH CENTRE, Manamadhi.

## SKILLS:

- Professional Skills

- Monitoring vital signs
- Assisting bedridden Patients in maintaining personal hygiene
- Administration of medications
- Intravenous Cannulation
- Suturing and Dressing
- Blood transfusion
- Assisting with therapeutic procedures
- Palliative and complex Care
- Performing health Assessment
- Providing health education
- Assessment of Care of Antenatal mothers
- Postnatal mothers and Newborn
- Emergency Nursing Skills
- Providing therapies for mentally ill clients and administration of psychotropic drugs
- Attending to Nutritional needs of the patient    Biomedical waste disposal
- Recording and Reporting
- Maintaining good morale with Multidisciplinary team members
- Evidence Based practice

- Personal Skills

- Empathy
- Confidentiality
- Punctuality
- Teaching skill

- Technical Skills

- Basic knowledge of computer

“With all my heart, I commit to serve with dedication and compassion in every responsibility entrusted to me.”

I hereby declare that all the information furnished above is true and correct to the best of my knowledge and belief.

Place:    Chennai  
Date: 10/11/2025

**P. Silviya**