



Chandini Purushothaman

Senior Resident -
ENT Department

Contact

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About Me

Junior resident with solid experience in clinical examinations, emergency care including night duties, and a wide range of ENT surgeries. Skilled in OPD management with patients across all age groups. Experienced in both government and private hospital setups around Mangalore. Certified in BLS and ACLS by the American Heart Association, with strong communication, leadership skills, and a keen interest in head-and-neck surgery.

Registered with the Tamilnadu Medical Council

Skills

- Primary and elementary surgical skills
- Powered instrument proficiency
- Communication skills
- Eagerness to learn
- Time management
- Critical Thinking
- Leadership

Education

- Bachelor of Medicine And Bachelor of Surgery (MBBS)**
KASTURBA MEDICAL COLLEGE, MANGALORE, MANIPAL ACADEMY OF HIGHER EDUCATION (DEEMED UNIVERSITY), MANIPAL 2015 - 2021
 - Passed MBBS in First Attempt with First Class in Second year and Final MBBS Part 1
 - Presented Poster At Connaissance, International Undergraduate medical student conference held from 20 th to 22nd April 2018 at JIPMER, Puducherry.
- MS Otorhinolaryngology & Head And Neck Surgery**
KS HEGDE MEDICAL ACADEMY, NITTE (DEEMED TO BE UNIVERSITY), MANGALORE 2022 - 2025
 - Passed in First Class
 - Thesis or Dissertation Title: ASSESSMENT OF VOICE IN SUBJECTS UNDERGOING RADIOTHERAPY FOR HEAD AND NECK MALIGNANCIES
 - Poster and Paper Presentation at AOI TG SOUTH CON, South Zone Conference
 - Publication: The treacherous path of trench mouth: A rare case of acute necrotizing ulcerative gingivostomatitis mimicking malignancy <https://doi.org/10.1177/00494755251404511>

Experience

- House Surgeon** 2020-2021
WENLOCK DISTRICT HOSPITAL, MANGALORE, GOVERNMENT LADY GOSCHEN HOSPITAL, KMC ATTAVAR MANGALORE
Handled patient examinations, investigations, and high-volume caseloads across government units. Managed casualty emergencies including trauma care, resuscitation, wound management, suturing, IV access, catheterization, and splinting. Assisted in departmental work such as minor procedures, dressings, vaccinations, and OT support. Provided COVID care with swab collection, triage, monitoring, and oxygen support. Took part in ward rounds, documentation, patient counseling, and assisted in various procedures for broad operative exposure.
- Junior Resident Doctor, Department of ENT** 2022- 2025
JUSTICE K.S HEGDE CHARITABLE HOSPITAL, MANGALORE
Performed clinical examinations, led ward rounds, and maintained patient records. Assisted and independently performed ENT surgeries (~20 OTs/week). Managed OPDs with 100-150 patients daily and handled on-call emergencies such as epistaxis, foreign bodies, and trauma. Proficient with operative microscopes, nasal endoscopes, and laryngoscopes. Completed a DRP with exposure to secondary-level and district-level health services, and was posted at Nitte Gajria Specialty Hospital, Karkala, independently managing OPD, emergencies, and ENT trauma. Took part in UG teaching, community ENT camps, and rotations in Oncosurgery, Plastic Surgery, and Radiation Oncology for multidisciplinary exposure.

CME & Lectures

- KMC Credit Points of 26
- Attended - Webinar on Endoscopic Orbital surgeries on 05.11.2022
- ENT PG clinics in Carcinoma Larynx on 17.11.22
- Live ENT Surgeries on FESS, Cortical Mastoidectomy and Radical Mastoidectomy
- Research Methodology Workshop on 18.1.2023
- Live Surgical Workshop on Laser in Laryngology on 15.03.2023
- Manipal Head and Neck workshop and CME on 28.04.2023
- Workshop on Endoscopic ear surgery by Dr.Mubarak Khan on 02.07.2023
- ENTrain Workshop on 05.08.2023
- Lateral Skull base Cadaveric dissection on 06.04.2024
- AOI TS South Zone Conference on 18.10.2024
- Hands on Temporal bone dissection workshop in BR Ambedkar Medical college
- Good Clinical Practice workshop on 28.01.2025
- Manipal Head and Neck Workshop and CME on 14.02.2024
- ENT Train Global workshop on 22.02.2024
- CME on Immunotherapy for Nasal Polyps on 28.03.2025
- Manipal Hands on FESS: Cadaveric dissection workshop on 05.04.2025
- ENT PG Clinics on 03.07.2025
- Hands on Airway and Voice workshop on 11.07.2025