

MAHALAKSHMI S

@ mahalakshmisenthil51@gmail.com

9150460615

No:5, 3rd street Nettukuppam, Ennore Chennai - 600057

Objective

Nutrition and Dietetics graduate aiming to build a career in clinical nutrition, diet planning, and health counseling while contributing to patient wellness and healthy lifestyle management.

Education

2023 - 2026

Ethiraj college for women

B.Sc Nutrition, Food service management and dietetics

Experience

30/04/2026 -
14/05/2026

Chennai National Hospital

Dietetics Intern

Handled diet planning for disease conditions and prepared therapeutic menus based on patient nutritional assessment and doctor recommendations.

Skills

Diet planning

Nutrition assessment and patient counselling

Communication skill

Problem solving

Excel advanced

Certification

Participated International Conference – NUTRIUTSAV 2025 on “Nutrition in Metabolic Disease”, conducted by The Madras Medical Mission, Chennai on 29th August 2025.

Successfully completed Enteral Nutrition training program conducted by Sundaram Medical Foundation - Dr. Rangarajan memorial hospital chennai.

Proficient in Advanced Excel functions and data management.

Completed value added Course on “Enhancing Personality Through Communication”.

Declaration

I hereby declare that the information furnished above is true and correct to the best of my knowledge and belief.