

# PRINCY BENITA M.L

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## Career Objective

Physiotherapist with strong clinical knowledge and hands-on experience across multiple healthcare settings. Seeking to apply assessment, rehabilitation, and patient care skills in a professional environment to enhance patient outcomes and contribute to the growth of the healthcare team.

## Education

Bachelor of Physiotherapy (BPT), 2021 – 2025  
Meenakshi Academy of Higher Education and Research, Chennai

## Internship / Clinical Postings

Sep 2025 – Mar 2026 (6 Months)

- Geri Care Hospital, T. Nagar
- The Guest Hospital, Kilpauk
- VITO (Vijaya health centre) vadapalani, chennai
- Omandurar Government Medical College, Triplicane
- Meenakshi Medical College and Research Institute, Enathur, Kanchipuram
- 15-day Rural Health Camp in Coimbatore and madurai

## Workshops & Certifications

- Certified Pelvic Floor Rehabilitation Specialist (CPFRS)
- Certified in Manual Therapy – High Velocity Thrust
- Certified Physio Team Member in– The Chennai Trail Ultra
- Certified in Myofascial Integration Medicine Workshop
- Certified in Immersive Virtual reality in Cardio Respiratory physiotherapy practice
- Certified in hand on workshop for Lymphedema
- Licensed in CPR Technique

## Skills

- Patient Assessment & Rehabilitation Planning
- Exercise Prescription & Manual Therapy
- Electrotherapy & Therapeutic Modalities
- Communication & Interpersonal Skills
- Time Management & Observation Skills