

ANUSHA. K

Mobile: 9344280274 | Email: anushakuppan1539@gmail.com

Address: 17/57, 4th Street, Seemathamman Nagar, Maduravoyal, Chennai – 600095

CAREER OBJECTIVE

To build a career as an Oncology Physiotherapist and work in a therapy center that provides opportunities to improve my knowledge and enhance my skills as a Physiotherapist.

ACADEMIC QUALIFICATION

- **Master of Physiotherapy – Oncology (CGPA: 8.38) so far**
Sri Ramachandra Institute of Higher Education and Research
- **Bachelor of Physiotherapy (2019 – 2023)**
Meenakshi Academy of Higher Education and Research – 65%
- **HSC - (2018 – 2019)**
Lamech Higher Secondary School, Chennai – 63.3%
- **SSLC – (2016 – 2017)**
Lamech Higher Secondary School, Chennai – 90.8%

INTERNSHIP & CLINICAL EXPERIENCE

- Tamil Nadu Government Multi Super Speciality Hospital, Omandurar, Chennai – 3 Months
- National Institute for Empowerment of Persons with Multiple Disabilities – 1 Month 15 Days
- Meenakshi College of Physiotherapy – MAHER – 1 Month
- Rural Camp, Sivagangai District – 15 Days
- Kamal's Physio Care Clinic – 2022 to 2024

COURSE COMPLETED

- Certified Contemporary Dry Needling Therapist
- Certified Musculoskeletal Cupping Therapist
- Certified Cupping Therapist
- Certified in Basic Life Support (BLS)
- Certificate of Participation – Lymphedema Management in Oncology Rehabilitation

CONFERENCES & PRESENTATIONS

- Physio-Troops 2K21 – Christian College of Physiotherapy, Kanyakumari
- KG Nexus 2022 – KG College of Physiotherapy, Coimbatore
- Paper Presentation at Stride 2024 – Saveetha College of Physiotherapy, Chennai
- E-Poster Presentation at Symposium – Kasturba Medical College, Mangalore
- Paper Presentation at Research Day 2026, Sri Ramachandra Institute of Higher Education Research

WORKSHOPS ATTENDED

- Basic Life Support Workshop (2022)
- Demarcating Autism from Hyperactivity (2022)
- Lymphedema Management in Oncology Rehabilitation – Hands-on Technique (2025)
- Symposium on Breast Cancer Rehabilitation (2025)

PROJECT

- A Study to Find the Relationship Between Hamstring Tightness and Low Back Pain in Female College Students
- Mapping the Evidence on Early Fatigue Assessment in Cancer Rehabilitation
- Prevalence of Musculoskeletal Impairment after surgery and /or radiation therapy among patients with oral cavity cancer

PERSONAL SKILLS

- Good communication and interpersonal skills
- Strong patient-handling abilities
- Adaptable and quick learner
- Hardworking and self-motivated
- Time management and teamwork skills
- Familiar with rehabilitation techniques and therapeutic equipment

PERSONAL DETAILS

Date of Birth: 07 October 2000

Father's Name: Kuppan K

Mother's Name: Amaravathi K

Gender: Female

Nationality: Indian

Blood Group: B Positive

Languages Known: Tamil, English

Marital Status: Single

DECLARATION

I hereby declare that the information furnished above is true and correct to the best of my knowledge and belief.