



Dr. Nivedha V

BDS | Medical Aesthetician | Clinical Research & Product Development | Healthcare Strategist

📍 Chennai, Tamil Nadu, India

☎ +91 7397477387

✉ vnive25@gmail.com

🔗 [linkedin.com/in/dr-nivedha-v-0384a7258](https://www.linkedin.com/in/dr-nivedha-v-0384a7258)

PROFESSIONAL SUMMARY

Dynamic and multifaceted healthcare professional with interdisciplinary expertise spanning aesthetic medicine, clinical research, healthcare strategy, product innovation, scientific communication, and doctor training. Experienced in integrating evidence-based clinical practice with healthcare branding, patient-centered innovation, and strategic development within the aesthetic and wellness industry. Skilled in advanced aesthetic procedures including PRP therapy, hair restoration, injectables, microneedling, laser-assisted treatments, regenerative cosmetology, and clinical protocol development. Actively involved in product evaluation, international market exposure, scientific writing, and innovation-driven dermatological care. Currently pursuing a Post Graduate Certificate in Healthcare Management at IIM Tiruchirappalli.

CORE COMPETENCIES

- Clinical & Aesthetic Medicine
 - PRP Therapy & Hair Restoration
 - Botox, Fillers & Injectables
 - Microneedling & Laser Treatments
 - Facial Rejuvenation
 - General Dentistry
- Strategy & Communication
 - Healthcare Strategy & Branding
 - Doctor Training & Mentorship
 - Public Speaking
 - International Consultation
 - Healthcare Content Creation
- Research & Innovation
 - Clinical Research & Protocol Development
 - Product Development & Evaluation
 - Scientific Writing
 - Evidence-Based Practice
 - Benchmarking & Validation
- Digital & Creative Skills
 - Canva & Presentation Design
 - Scientific Presentations
 - Social Media Communication
 - Scriptwriting

PROFESSIONAL EXPERIENCE

Praba's VCare Health Clinic Pvt Ltd — Chennai, India

Clinical Research Associate / Product Development / Doctor Trainer / International Consultant

March 2023 – Present

Clinical & Research

- Driving clinical research in aesthetic medicine, dermatological innovation, and regenerative treatment approaches
- Product development, formulation assessment, and validation for skincare, haircare, and wellness solutions
- Performing advanced procedures: PRP therapy, hair restoration, microneedling, laser treatments, injectables
- Developing scientific manuscripts, educational content, and clinical reports

Training & Strategy

- Delivering doctor training programs on aesthetic devices, products, and patient safety
- Conducting international online consultations and individualized treatment planning
- Collaborating with research, formulation, and marketing teams to bridge science with commercial application
- Supporting healthcare branding and digital communication initiatives

Digital Communications & LinkedIn Page Management

Full-time / May 2026 – Present

Digital & Content

- Managing the official LinkedIn page of VCare Hair & Skin Clinics
- Developing content strategy for medical, scientific, and patient education initiatives
- Coordinating with creative and digital teams for content creation and publication

Brand & Communication

- Enhancing brand visibility, professional engagement, and digital presence
- Promoting clinical innovations, research activities, and doctor-led educational content

International Exposure: ASCS Conference Manila (2025) · In-Cosmetics Korea 2025 · Korea Manufacturing & Innovation Visit (2026) · Medicare Exhibition Colombo · AYUSH & Integrative Healthcare Conferences — with direct exposure to K-beauty brands including Anua, Beauty of Joseon, Medicube, Celimax.

RD Dental Care and Implant Centre — Chennai, India

Junior Dentist

February 2023 – March 2023

- Performed comprehensive dental examinations, diagnosis, restorations, and preventive care procedures
- Assisted in minor oral surgical procedures while maintaining infection control and sterilization standards
- Provided patient counseling, oral hygiene education, post-treatment follow-up, and clinical documentation

Thai Moogambigai Dental College & Hospital

House Surgeon

December 2021 – December 2022

- Completed a rigorous rotational clinical training program across all core dental specialties: Oral Surgery, Orthodontics, Prosthodontics, Endodontics, Periodontics, and Pediatric Dentistry
- Performed supervised clinical and surgical procedures, patient screenings, diagnosis, and comprehensive treatment planning
- Participated in academic presentations, case discussions, clinical learning activities, and infection control protocols

EDUCATION

Indian Institute of Management Tiruchirappalli (IIM Trichy)

Post Graduate Certificate in Healthcare Management

2025 – Present

Focus Areas: Healthcare Leadership · Organizational Behaviour · Healthcare Strategy · Innovation & Management

Thai Moogambigai Dental College & Hospital

Bachelor of Dental Surgery (BDS)

Graduated 2022

Comprehensive dental education spanning clinical, surgical, and academic disciplines across all major dental specialties.
Foundation for an interdisciplinary career bridging clinical dentistry, aesthetic medicine, and healthcare strategy.

PUBLICATIONS & RESEARCH

1. **Awareness of OTC Drugs for Tooth Pain Among the General Public**

Published in **IJRPR** · Oral Medicine · Focused on public health awareness and over-the-counter drug usage patterns.

2. **MARA Appliance for Skeletal Class II Correction**

Published in **IJRPR** · Orthodontics · Clinical study on mandibular repositioning appliance efficacy.

3. **Sports and Orthodontics**

Professional Academic Article · Exploring the intersection of athletic activity and orthodontic treatment planning.

LEADERSHIP & INTERNATIONAL EXPOSURE

International Conferences & Delegations

- ASCS Conference, Manila (2025) – Delegate
- In-Cosmetics Korea (2025) – Cosmetic Science & Innovation
- Korea Manufacturing & Product Evaluation Visit (2026) – K-beauty Innovation Exposure
- Medicare Exhibition, Colombo, Sri Lanka (2026) – International Healthcare Collaboration Delegate
- AYUSH & Integrative Healthcare Conferences – Representative

Leadership & Academic Roles

- Conference Host – Comdent 2022 & IPR Day Event Coordinator (2021–2022)
- Peer Judge for Academic Presentations
- Active participant in healthcare workshops and scientific webinars
- International product benchmarking and K-beauty innovation evaluation

EXTRACURRICULAR & CREATIVE PURSUITS

- Cancer Awareness Advocacy — Active advocate focused on healthcare communication and patient awareness initiatives, translating complex medical information into accessible public messaging.
- Scriptwriting & Storytelling — Scriptwriter for creative and mythological storytelling projects, blending narrative craft with purposeful communication.
- Published Author — Contributor to poetry and prose anthologies, demonstrating a broad creative range that enriches professional communication.

CREDENTIALS

CERTIFICATIONS & REGISTRATIONS

- Tamil Nadu Dental Council — Registered Dentist (Officially licensed to practice dentistry in Tamil Nadu, India)
- Master Class in Clinical Cosmetology — Advanced certification covering aesthetic procedures, skin science, and treatment protocols
- Basic Life Support (BLS) — Certified in emergency life support and patient safety
- AI Applications in Healthcare — Certificate of Completion, Great Learning (Completed May 19, 2026) · Issued by Academic Director, Great Learning · Verified online certification in AI applications within the healthcare domain.