

CURRICULUM VITAE



Dr. KEERTHANA B (PT) MPT (Oncology)

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Professional Summary

Dedicated and compassionate Physiotherapist with specialized training in Oncology Rehabilitation. Experienced in post-mastectomy care, lymphedema management, and mobility restoration for cancer patients. Committed to evidence-based practice, patient education, and multidisciplinary collaboration to enhance quality of life.

Key Expertise

- Oncology and Cancer Rehabilitation
- Manual Therapy & Myofascial Release
- Electrotherapy and Exercise Prescription
- Post-surgical Physiotherapy Care
- Patient Counseling and Motivation
- Lymphedema and Pain Management

Educational Qualification

| COURSE | INSTITUTION | YEAR |
|----------------|--|------|
| MPT (Oncology) | Balaji Medical College, Pallikaranai | 2025 |
| BPT | Dr. M.G.R. Educational & Research Institute, Velappanchavadi | 2022 |
| HSC | Valliammal Matric Hr. Sec. School, Anna Nagar | 2018 |
| SSLC | Don Bosco Mat. School | 2016 |

Clinical & Work Experience

- Physiotherapist – **Selvi Physiotherapy Clinic, Ayapakkam** (2 years)
- Currently working as Physiotherapist at **V.R. Bones and Joints, Ambattur** from 2023

Internship Experience

- **Cancer Institute, Adyar** – 1 month
- **Sirigeri Sharada Equitas Hospital** – 1 month
- **Voluntary Health Services** – 1 month

Certifications

- **Musculo Fascial Release Therapy** (Advanced) – Institute of Manual Therapy and Taping (IMTT)
- **Therapeutic Taping** – Institute of Manual Therapy and Taping (IMTT)

Conferences

- Presented paper at **National Conference for Cancer Multidisciplinary Approach – Won Best Paper Award** for 'Physiotherapy for Post-Mastectomy'
- Attended **58th Annual Conference of the Indian Association of Physiotherapists**
- Participated in **International Conference (HETICON)** on 'The Role of Technology in Shaping Future Health Care'

Research Project

- **Undergraduate** - A study to compare the effectiveness of TENS with manual myofascial release vs TENS with foam roller technique in myofascial neck pain in smartphone-addicted users.
- **Postgraduate** - A comparative study of tanzberger exercise versus kegel exercises for managing urinary incontinence in women with cancer.

Soft Skills

- Excellent communication and patient interaction
- Time management and organization
- Team collaboration and leadership
- Empathy and professionalism in patient care

Declaration

I hereby declare that the information provided above is true to the best of my knowledge and belief.

Date: _____

Place: Chennai

(Signature)

Dr. KEERTHANA B (PT)