

Dr. K. Poornima, BDS, MPH

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Career Objective

Dedicated and passionate dental professional with a dual background in Clinical Dentistry and Public Health. Aspire to contribute to a reputed healthcare organization by integrating clinical expertise with public health principles. Committed to advancing research, promoting community oral health awareness, and delivering optimal patient care through evidence-based practices.

Professional Experience

SRM Institute of Science and Technology

Bachelor of Dental Surgery Internship

August 2014 – October 2019

- Delivered comprehensive periodontal care, including hand scaling, ultrasonic scaling, and root planning.
- Assisted senior faculty in implant placement, flap surgeries, and laser-assisted frenectomy procedures.
- Skilled in the diagnosis and treatment planning of diverse oral diseases.
- Completed a 12-month compulsory rotating internship, gaining hands-on exposure across all dental disciplines.
- Supported senior practitioners in aesthetic dentistry, including minor diastema closure using light-cure composites.
- Executed restorative treatments using tooth-colored and amalgam materials with expertise in isolation using rubber dam techniques.
- Organized and led school dental health screening camps, promoting preventive dentistry among children.

Postgraduate Education

Sri Ramachandra Institute of Higher Education and Research

Master of Public Health (Occupational and Environmental Health)

November 2020 – September 2022

Specializations:

- Occupational and Environmental Health
- Industrial Safety and Hygiene
- Occupational and Environmental Toxicology
- Public Health Nutrition
- Epidemiology

Thesis Title:

An Analytical Approach to Quantify Mercury Exposure in Blood and Hair Among Amalgam Users and Its Long-Term Health Effects

Academic Background

Qualification	Institution/Board	Score	Year
Master of Public Health (Occupational & Environmental Health)	Sri Ramachandra University	9.11 %	2020–2022
Bachelor of Dental Surgery	SRM Institute of Science and Technology	67 %	2014–2019
Higher Secondary (+2)	State Board	82 %	2013–2014
SSLC (10th)	State Board	86 %	2011–2012

Conferences and Workshops

- *E-Poster Presentation* – 8th Undergraduate Pedodontics Convention, Sree Balaji Dental College & Hospital (Dec 2018)
- *Implant for Interns* – CDE Program, SRM Dental College (Nov 2018)
- *Building a Practice* – CDE Program, SRM Dental College (Sep 2018)
- *Smile Pro 2K18* – Dept. of Orthodontics, Priyadharshini Dental College (Oct 2018)
- *Acupuncture, Antibiotics & Apnoea – An Extended Horizon for Dentists* – Meenakshi Ammal Dental College & Hospital (Oct 2018)

- *CAD–CAM Restorations* – CDE Program, SRM Dental College (Jan 2019)
- *Ortho Fiesta 2K19* – Dept. of Orthodontics, SRM Dental College (Feb 2019)
- *Modern-Day Oral Hygiene Aids* – Certificate of Appreciation.

Core Competencies

- Demonstrating expertise in literature review, data collection, framing research proposals, and SPSS software.
- Excellent interpersonal and communication skills with patients and professional teams.
- Proficient in clinical and surgical decision-making under high-pressure environments.
- Adept in research formulation, critical analysis, problem-solving, and evidence-based implementation.
- In-depth knowledge of public health frameworks, enabling integration of preventive and curative dental approaches.

Languages Known

- English
- Tamil

Date:

Signature:

Place: