



SANGEETHA P

M.Sc Clinical Nutrition Clinical Dietitian

Dedicated and motivated Nutrition professional with strong academic foundation and hands-on clinical training. Seeking an entry-level position as a Clinical Dietitian to utilize my knowledge, skills and passion for patient care to support nutritional well-being and promote healthier lives.



9080595118



sangeethapalani19@gmail.com



Kolathur, Chennai



EDUCATIONAL QUALIFICATION

M.Sc. Clinical Nutrition

MMM College of Health Sciences, Chennai
2026 | 78%

B.Sc. Clinical Nutrition & Dietetics

Ethiraj College for Women, Chennai
2023 | 79%

HSC

Everwin Matriculation Hr. Sec. School,
Chennai
2020 | 71%



SKILLS

- Diet Planning & Meal Management
- Nutritional Assessment
- Patient Counseling & Education
- Clinical Nutrition & Therapeutic Diets
- Anthropometric Measurements
- Basic Laboratory Knowledge
- Communication & Interpersonal Skills
- Time Management & Teamwork
- Basic Computer Knowledge



LANGUAGES KNOWN

- Tamil
- English



INTERNSHIP EXPERIENCE

Madras Medical Mission (MMM), Chennai

6 Months

Clinical Dietetics Intern

- Gained hands-on experience in diet planning, patient counseling, nutritional assessment and management of various clinical and therapeutic cases.
- Exposure to hospital dietetics, menu planning, clinical postings and patient education.

MIOT Hospital, Chennai

15 Days

Clinical Dietetics Intern

- Involved in diet planning for in-patients and out-patients.
- Exposure to departments including ICU, general medicine, surgery, diabetology and nephrology.

Pondicherry Institute of Medical Sciences, Puducherry

15 Days

Clinical Dietetics Intern

- Observed and assisted in nutritional assessment and diet management.
- Exposure to clinical and therapeutic nutrition cases and patient counseling.



PROJECT / PG THESIS

Assessing the Prevalence and Risk Factors Associated with Dehydration Among Farm Workers.



PUBLICATIONS

- Assessment of Dehydration Risk Factors and Effectiveness of Nutrition Education on Hydration Practices Among Farmers.
Published in the International Journal of Modern Pharmaceutical Research (IJMPR).



PROFESSIONAL MEMBERSHIP

- Member – Indian Association for Parenteral and Enteral Nutrition (IAPEN)



ADDITIONAL EXPERIENCE

- ECG Procedures
- Basic Laboratory Technician Support



CERTIFICATIONS

- UGC NET Qualified – Eligible for Assistant Professor
- Junior Grade Typewriting English – First Class with Distinction
- Completed 10 Weeks Course in Food Safety and Product Development from ITCFSAN (FSSAI)
- 6 Months Internship in Madras Medical Mission (MMM), Chennai



DECLARATION

I hereby declare that all the information provided above is true and correct to the best of my knowledge and belief.