

Pavithra Upendra Nayak

Emergency Medical Technologist

CONTACT

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Female | DOB: 17-Dec-2004

PROFESSIONAL SUMMARY

Dedicated and compassionate Emergency Medical Technology graduate with hands-on clinical exposure in both pre-hospital and in-hospital emergency care. Skilled in patient assessment, trauma management, airway support, resuscitation, and critical patient transportation. Experienced in handling medical, cardiac, trauma, and surgical emergencies while ensuring patient safety and delivering quality emergency care. Strong team player with excellent communication skills and the ability to perform effectively in high-pressure situations.

INTERNSHIP EXPERIENCE

EMT Intern - Emergency Medicine & Trauma Care

Key responsibilities and clinical procedures performed:

- Prepared ambulances before dispatch by checking emergency equipment, medications, and supplies.
- Responded to emergency calls and provided first aid and life-support interventions during patient transport.
- Conducted patient assessment, triage, and stabilization for medical and trauma emergencies.
- Assisted in pre-hospital and in-hospital cardiopulmonary resuscitation (CPR).
- Provided airway management support, oxygen therapy, and ventilatory assistance.
- Established intravenous access and assisted in fluid resuscitation procedures.
- Managed wound care, haemorrhage control, splinting, immobilisation, and spinal injury management.
- Operated ECG monitors, defibrillators, AEDs, suction devices, and other emergency equipment.
- Assisted with critical patient transfers and advanced emergency procedures.
- Maintained ambulance readiness, equipment functionality, and accurate patient documentation.
- Ensured safe transportation of critically ill and emergency patients.

CLINICAL SKILLS

- Basic Life Support (BLS) and Cardiopulmonary Resuscitation (CPR)
- Airway Management (OPA, NPA, BVM Support)
- Endotracheal Intubation Assistance
- Oxygen Therapy and Ventilatory Support
- ECG Recording and Interpretation
- Defibrillation and AED Operation
- Intravenous Cannulation and IV Line Management
- Arterial and Venous Blood Sampling
- Arterial Line Assistance
- Intercostal Drainage (ICD) Assistance
- Pleural Tapping Assistance
- Urinary Catheterisation
- Nasogastric (NG) Tube Insertion
- Medication Administration (under supervision)
- Trauma Care, Splinting, and Immobilisation
- Patient Assessment and Emergency Triage
- Critical Patient Transfer and Ambulance Care



EDUCATION

B.Sc. Emergency Medical Technology
2022 - 2026
CGPA: 6.85
Manipal College of Health Professions, MAHE, Manipal

PRE-UNIVERSITY COURSE (PCMB)

Jnanaganga PU College,
Nellikatte, Moodubelle

SSLC

Government PU College for
Girls, Udupi

LANGUAGES KNOWN

Kannada
English
Tulu
Hindi
Konkani

REFERENCES

Dr. Vimal Krishnan S
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of Emergency Medicine
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Dr. Freston Marc Sirur
PAssistant Professor,
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