

Dr. Meera R.

Senior Resident, Department of Cardiac Anaesthesia

Professional Profile

Cardiac Anaesthesiologist with expertise in adult and pediatric cardiac Anaesthesia, perioperative transesophageal echocardiography, cardiac transplantation, ECMO and advanced mechanical circulatory support. Looking forward to joining a reputed institution where I can contribute to outstanding patient care, education and research while continuing to advance clinical excellence.

Qualifications

- MBBS – Government Thiruvavur Medical College (2010)
- DNB Anaesthesia · K. Govindasamy Naidu Trust Hospital, Coimbatore (2018)
- DRNB Cardiac Anaesthesia – Narayana Hrudayalaya, Bangalore (2022)
- FIACTA and FTEE (2024)

Current Appointment

Senior Resident, Department of Cardiac Anaesthesia
Narayana Hrudayalaya, Bommasandra, Bengaluru (2022–Present)

Clinical Experience

- Conventional and minimally invasive CABG procedures
- Robotic-assisted CABG procedures
- Mitral valve repair/replacement and cardiac mass excision
- VATS and lung reduction procedures
- Assisted in adult cardiac transplantation procedures
- Independently managed Anaesthesia for orthotopic cardiac transplantations as the primary cardiac Anaesthesiologist
- ECMO initiation, maintenance and weaning
- LVAD, Impella and mechanical circulatory support
- Acute aortic procedures
- Pulmonary thromboendarterectomy procedures
- Paediatric congenital cardiac procedures including Fontan, Norwood, ASO and Paediatric ECMO

Perioperative Echocardiography

Performed, interpreted, and reported comprehensive perioperative transesophageal echocardiography (TEE) examinations for adult and Paediatric cardiac surgical procedures.

Academic Activities

Research: Comparison Between Double-Lumen Tube and Bronchial Blocker in MIDCAB; Ventilation Strategies During One-Lung Ventilation.
Presentations: IACTACON 2023, 2024 & 2025.

Awards

Best Interesting Image (IACTA TEE 2025), Best Paper (2024), Best Poster (2022).

Professional Memberships

- Tamil Nadu Medical Council (TNMC 121590)
- Indian Society of Anaesthesiologists (ISA M3447)
- IACTA (CLM1818)

Additional Interventional Experience

- Cardiac interventional catheterization Anaesthesia including TAVI, TMVI, PVI, EPS, radiofrequency ablation (RFA) and alcohol septal ablation.
- Anaesthesia for structural heart interventions including ASD, VSD, PDA and other septal defect device closures.
- Anaesthesia for interventional Fontan procedures, SVC stenting and other congenital cardiac catheter interventions.

References

Dr. Muralidhar Kanchi

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Narayana Hrudayalaya, Bengaluru
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Dr. Keshav Murthy Shankaraya

Head, Pediatric Cardiac Anaesthesia
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